

The planet...**1**... which we live is a ball of hot rock. It is a good thing for us that the outside layer is...**2**... If it weren't, no one could live here. However, there are places where the ground is so hot that it...**3**...the bottom of your shoes. In some places you can see...**4**...coming up from pools of hot water. The people who live in these...**5**...make use of the heat which comes from inside the earth. They are lucky because they don't have to**6**.... for coal, oil or gas.

- ① a.in b. on c.at d.to
② a. liquid b. cold c. hot d. soft
③ a. catches b. provides c. burns d. pumps
④ a. steam b. smoke c. wave d. flood
⑤ a. planes b. plans c. plants d. places
⑥ a. produce b. recycle c. pay d. destroy

Physical exercise improves your personal health and ...**1**.... Physical exercise is part of healthy living. Anyone ...**2**..... in personal health should regularly involve themselves in**3**..... forms of physical exercise like fitness walking. An ...**4**..... lifestyle, is even better than physical exercise in improving your personal health and fitness.

- ① a) weight b) pressure c) fitness d) lung
② a) responsible b) interested c) composed d) confused
③ a) medical b) exact c) straight d) simple
④ a) active b) emotional c) excellent d) easy

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